

# Sensory Needs and Therapies

Touch



Taste



Movement



Smells



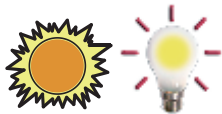
Body position



Looking at things



Sunlight/ Light



Sounds



Please see my sensory plan/passport



# Sensory Needs and Therapies

Therapies I have to help my health generally are:

Massage



Reflexology



Spiritual healing  
(Reiki etc)



Yoga



Aromatherapy



Other

