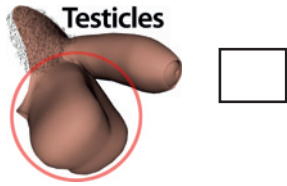


# Men Only

I need regular testes checks



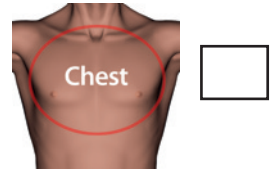
I sometimes have trouble peeing



I need help shaving



I need regular breast checks



I use contraception



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# Women Only

I have periods



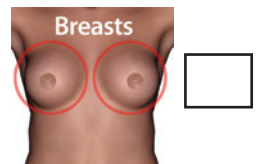
I do not have periods



I have bad period pains and PMT



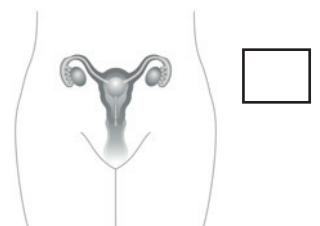
I need regular breast checks



I need regular cervical smears



I have a gynaecological history



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# Men Only

Handwriting practice lines for the 'Men Only' section.



Page 50.

# Women Only

I use contraception 

I need help with feminine hygiene 

Handwriting practice lines for the 'Women Only' section.



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